

North & South Dakota Houses

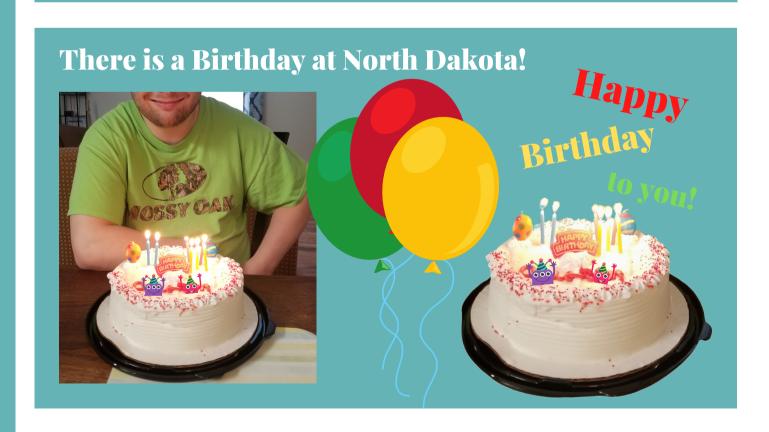
Exercise and physical activity can helps adults reach their potential, both physically and mentally. Taking a walk can be fun and health-promoting. A study published in the Fall 2005 issue of "Therapeutic Recreation Journal" reported better health, improved social and family life and improved quality of life for people who participated in recreational activities.



NEWS WORTHY:

MANAGER OF THE MONTH, Mindy M.

EMPLOYEES OF THE MONTH, Jasmine C., Ronette S., Roberta H., Amber C., and Frankie G.



2021 New Year Resolutions

"My New Year's resolution is to get a job this year." Genesis House







"I don't need
to make a
New Year's
resolution
because I am
perfect."
Genesis House





Winter Wonderland

