



FEBRUARY 2021



Oasis House enjoys completing arts and crafts inside, and he says, "It's never too cold to go outside." Playing a favorite board game together with a brisk walk to pick up mail is enough fresh air at below zero!



Leisure Activities

“ understand that leisure activities are unobligated. It involves anything you want to do (within reason) simply because it is fun or evokes happiness.”

Leigh Spada, LRT/CTRS Recreational Therapist, HopeWay, August, 2019



This list of leisure activities will give you some fun ideas to do.

- Do a puzzle
- Watch a movie
- Draw or paint
- Cook a meal or bake
- Play a board game
- Rearrange your furniture
- Exercise, do yoga, or go for a walk
- Work on arts and crafts



Employees of the Month

Lifekeepers

Managers look for different qualities when selecting an employee for this recognition. These employees show dedication to their work, have great attendance and a willingness to help. They are dependable, responsible, accountable and give top quality care. These employees show initiative and teamwork while working. They go above and beyond. They support the client and follow plans and procedures.

Alex B.
Ronnette S.
Jasmine C.
Amber C.
Laura S.