

## JUNE 2021



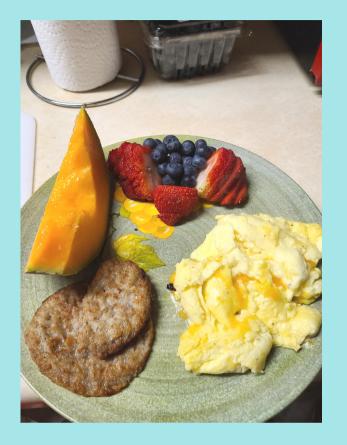
At Lifekeepers, we journey together. Pictured above is North Dakota House and South Dakota

House hiking a path together in the beautiful outdoors. Next is Beacon House taking a walk and getting fresh air and plenty of sunshine.



## HEALTH & WELLNESS

Start with a planned menu to help make healthy choices and balanced meals. Healthy is delicious.



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